



Fox Run

Assisted Living Community
Council Bluffs, IA
712-256-2741

Shalimar Gardens

Assisted Living & Memory
Support Community
Fremont, NE
402-721-1616

College View

Assisted Living & Memory
Support Community
Hastings, NE
402-462-6264

Northern Hills

Independent & Assisted
Living Community
Sioux City, IA
712-239-9400

Meridian Gardens

Assisted Living & Memory
Support Community
Columbus, NE
402-564-6300

Heritage Pointe

Assisted Living & Memory
Support Community
Omaha, NE
402-614-5222

Heritage Ridge

Independent Living
Assisted Living & Memory
Support Community
Bellevue, NE
402-932-1881

Heritage Management Services, Inc. follows a non-discrimination policy on age, race, sex, national origin and disability.

This applies to employment practices, residents and the provisions of services.

Heritage Management Services, Inc. is an Equal Opportunity Employer.



Shalimar Gardens

Assisted Living Community

VOLUME 46

SUMMER 2011

Letter from the Director

My Dear Residents and Families,

Summer has arrived in all its glory. The spring rains did their job and our courtyard is beautiful. Flowers are in full bloom and the green grass is flourishing. Many of our residents are going out in the morning to listen to the birds and the bubbling fountains before it gets too warm.

Spring started with our special Mother's Day Party in May. Pie a-la-mode was served and we were entertained by Paul Siebert. His old time country music with a banjo and slide guitar was a big hit and brought back many memories.

Father's Day is coming and will be celebrated by a steak dinner for our gentleman and their guest on June 23rd. The Merry Makers will also be providing an evening performance of music from the 50's and 60's for residents and families. The "Links" have performed in Las Vegas so please mark your calendars and join us for the music.

On Saturday July 9th the Mark Vyhldal band will be here to celebrate John C. Fremont Days, so be sure to mark your calendars and join the fun.

National Assisted Living Week will arrive September 11th thru 16th with something very special. Be sure to watch for more information on the big event. We like to celebrate the entire week.

October will feature a new event:

The Shalimar Gardens "Craft Fair". Vendors will have booths set up through out the facility and will give residents, guests and the community a chance to shop at our lovely facility. Be sure to be watching for more information on the big event.

As I said before, this summer will be a "Grand Time" at Shalimar so get ready for the fun!!!

Take Care, Ina



Our Mothers Day event was held on May 12th at 2:00pm and our entertainment was provided by the Merry Makers Association and First State Bank of Fremont. We also asked the ladies to wear their favorite Hats and decorated our Dining Room tables with Hats. All of the ladies had fun with their guest and enjoyed the Cherry Pie A-la-mode.

Bertie Strom & Maggie Croshaw show off their hats.



Paul Siebert- Merry Maker Performer



Valetta Leftwich & Eileen Dahlheim show off their hats.

embrace the future. *Shalimar Gardens*



In May we finally got the opportunity to plant our Flower Boxes in the Garden area and in the front of Shalimar. Pictured here is Valetta Leftwich planting one of the planters. Valetta is one of our expert Gardeners from North Bend.



On Thursday May 26th we went to Durham Western Heritage Museum to view the pictures at Union Station. "Capture the Moment" all of the Pulitzer Prize winning photographs. Pictured here is - Marian Belfoire, Ethel Borgmeyer, and Marian Row.

Pictured here is Marian Belfoire, Cheri Crutoff-Activities, Russ Battiato, Ethel Borgmeyer and Max Christensen standing out front of the Museum. A wonderful day was had by all.



On Tuesday May 17th, the Fremont High School Treble Choir performed during the Lunch Hour for our Residents. Everyone really enjoyed the girls, they all did a wonderful job.



Paul & OnoLee Steffen with students from Metro Community College who came to visit on April 11th & 12th to write English papers about our Residents Life History and what life was like in the 40's and 50's. The students visited and interviewed 26 of our Residents and then returned on May 23rd & 24th and shared their Life History Papers with their resident. The residents enjoyed both visits and reading the papers the students had written.



On May 19th Nostalgia John entertained a large group of Residents in the afternoon. Nostalgia John reviewed the year 1945 for the Residents with lots of Memorabilia and Melodies from 1945. This brought back several memories for all of the Residents and they enjoyed the afternoon reminiscing about 1945.

Gene Whiteaker and his Student.



Hello from the Shalimar Gardens Memory Support

Here at the MS we are well into the gardening season, beautiful flowers and vegetables are growing. We also have a wonderful gardener, Mr. Tharp who volunteers his time, and has put in many hours making our court yard a lovely place to sit and enjoy nature. Other residents love the fresh air as they walk through the courtyard where they can see and enjoy so many wonderful flowers and colors.

We are starting to plan our annual 4th of July picnic. Residents and families are looking forward to the fun.

We have also expanded our activity calendar. The residents have been busy with crafts, making summer collages and things that remind them of summer. Many of them have been able to reflect on their lives and what they did during the summer in years gone by, lots of memories and laughter. Hope you all have a safe and wonderful summer.

Teresa (TJ) Johnson RN



Residents from Memory support dancing to the Music on a Rainy day!



Serving line at our Palm Sunday Brunch which was held on April 17th at Shalimar Gardens. Our Kitchen Staff, Department Heads and Volunteers served over 65 guests with a wonderful variety of breakfast foods and fruits. All together there were 140 served.

Resident Referral Bonus

Any resident who refers someone to Shalimar Gardens and they move into our community will Receive a \$1,000 rent credit!! If you know of Someone who would benefit from Assisted Living or Memory Support here at Shalimar Gardens, please let them know about us and we would be happy to show them around. Please contact Kim Andersen at **(402)980-7100**.

Resident's Birthdays

July

Shirley Schwab	7
Donald Watchorn	10
Bernice Beckner	14
Phyllis Dockweiler	14
Ronald Schmidt	18

August

Leonard Dahlheim	3
Mildred Hindmarsh	14
Kenneth Sears	21
Lillian Frye	27
Gerhard Langhorst	29

September

Valetta Leftwich	8
Doris VonSeggern	14
Ester Otte	17
Leona Fischer	18
Lauren Ayers	26
Eileen Dahlheim	27
Gilbert Cave	29



Russ Battiato and Max Christensen ventured off the bus to get a closer look at the Battleship Game Bench, which is located in the downtown John C. Fremont Park.

For Memorial Day we headed to the Fremont cemeteries for a look at all of the beautiful decorations on June 2nd.

Our Residents then toured Fremont and viewed the "Benchmark Project" twenty four Benches were painted by local artists. These were on display throughout the city.



A full bus-12 Shalimar Residents toured Fremont for Memorial Day and touring of the "Benchmark Project".



This is another one of the Park Benches located off of Clarkson Street, this Bench is titled "Peace".



Clef Dwellers who preformed from Midland University for our Residents and Guest at the Palm Sunday Brunch.

Shalimar Gardens

Assisted Living Community

749 E. 29th Street
Fremont, Nebraska 68025

PR SRT STANDARD
U.S. POSTAGE
PAID
OMAHA, NE
PERMIT NO. 1375

Shalimar Gardens

Assisted Living Community

ASSISTED LIVING &
MEMORY SUPPORT
COMMUNITY



749 E. 29th Street • Fremont, Nebraska 68025
(402) 721-1616

www.ShalimarAssisted.com

Professionally managed by Heritage Management Services, Inc.

www.hmscare.com

